

Sports Physicals

Monday August 12, 2024. 8:00am-12:00pm

Monday August 26, 2024. 12:00pm to 3:00pm

In the JIO HS Nurse's office.

Open to students playing modified, JV and Varsity sports

We encourage families to have a physical done by their child's doctor as a first choice. New York State has implemented a required cardiac screening for all student athletes. Often there are delays for the students to begin sports if there are unanswered questions or misunderstood answers on the health history form. On the required NYS health examination form, the physician can check off that they have reviewed family cardiac history with the student and family.

Starting Fall 2024, the only form that can be accepted for sports will be the NY State required health examination form. This form has been in use since 3/2023 and most doctor offices use this form. If you are unsure, please print off the form from the link below and bring it to your child's exam.

<https://www.p12.nysed.gov/sss/documents/health-exam-form.pdf>

PHYSICAL EXAMS SUBMITTED ON OTHER FORMS WILL NOT BE ACCEPTED. THE CURRENT FORM HAS A BOX TO CHECK WHEN THE CARDIAC SCREEN IS CONDUCTED

Please make sure that the form you have is the most current and has the section "Family cardiac history reviewed "

If you already have a FamilyID account please delete all expired physical exams, leaving only the most recent. When there are multiple uploaded documents on an account, finding the most recent is difficult.