



### Officers

Deborah McBride Heppes  
Orange-Ulster BOCES  
Chairwoman

Joseph Lenz  
Pine Bush CSD  
Chief Financial Officer

Patrick Cahill  
Monroe Woodbury CSD  
Secretary

Brad Conklin  
Valley Central SD  
Appeals

### Board Members

Erin Brennan  
Chester CSD

Harvey Sotland  
Cornwall CSD

Caleb Russell  
Eldred CSD

Chris Slesinski  
Florida UFSD

Lorine Van Put-Lamerand  
Goshen CSD

Ann Lierow  
Greenwood Lake UFSD

Christopher Carballo  
Highland Falls-  
Fort Montgomery CSD

Dovid Berkowitz  
Kiryas Joel UFSD

Rosanne Mele  
Marlboro CSD

John Timm  
Port Jervis CSD

Kim McEvoy  
Rondout Valley CSD

Brian Weir  
Tuxedo UFSD

Timothy Holmes  
Warwick CSD

Sandra Clohessy  
Washingtonville CSD

### Staff

Matthew E. Bourgeois  
Plan Administrator

Ann Draughan  
Health Plan Specialist

October 2023

The OU Health Plan has arranged with EmpiRx to offer a **Zero Co-Pay Seasonal Flu Vaccine and Covid Vaccine** to members of the Plan.

As long as the OU Health Plan is primary for you and your dependents then you are eligible to receive the Flu Vaccine and Covid Vaccine at zero cost.

To receive your Free Flu Vaccine and Covid Vaccine simply go to any pharmacy that participates with EmpiRx and present your OU Health member ID card.

### **\*\*\*Medicare Primary Retirees\*\*\***

To receive your Free Flu Vaccine and Covid Vaccine simply go to any participating pharmacy and provide your red, white, and blue Medicare ID card. Your pharmacy will bill Medicare directly for the flu shot.

*This year, more than ever please consider obtaining the flu shot as medical experts have advised that having both Covid and the Flu together definitely could be more injurious to the lungs and cause more respiratory failure.*

