

**Officers**

Deborah McBride Heppes  
Orange-Ulster BOCES  
Chairwoman

Joseph Lenz  
Pine Bush CSD  
Chief Financial Officer

Patrick Cahill  
M-W CSD-Secretary

Brad Conklin  
Valley Central-Appeals

**Board Members**

Erin Brennan  
Chester CSD

Harvey Sotland  
Cornwall CSD

Caleb Russell  
Eldred CSD

Chris Slesinski  
Florida UFSD

Lorine Van Put-Lamerand  
Goshen CSD

Ann Lierow  
Greenwood Lake UFSD

Christopher Carballo  
HFFM CSD

Dovid Berkowitz  
Kiryas Joel SD

Rosanne Mele  
Marlboro CSD

Michael Tuttle  
Middletown CSD

John Timm  
Port Jervis CSD

Nicole DeSousa  
Rondout Valley CSD

Brian Weir  
Tuxedo UFSD

Timothy Holmes  
Warwick CSD

Sandra Clohessy  
Washingtonville CSD

**Staff**

Matthew E. Bourgeois  
Plan Administrator

Ann Draughan  
Health Plan Specialist

Cindy Cannizzaro  
Health Plan Specialist

## September 2024

The OU Health Plan  
has arranged with EmpiRx to offer a Zero  
Co-Pay Seasonal Flu Vaccine and/or Covid Vaccine to  
members of the Plan.

As long as the OU Health Plan is primary for you and your dependents then you are eligible to receive the Flu Vaccine and/or Covid Vaccine at zero cost.

To receive your Free Flu Vaccine and/ or Covid Vaccine simply go to any pharmacy that participates with EmpiRx and present your Prescription/ Rx ID card.

**\*\*\*Medicare Primary Retirees\*\*\***

To receive your Free Flu Vaccine and/or Covid Vaccine simply go to any participating pharmacy and provide your red, white, and blue Medicare ID card. Your pharmacy will bill Medicare directly for the Vaccine.

*Medical experts have advised that obtaining both the flu and covid vaccines at the same time can help protect you from more serious illness this winter.*

