



Balance School
&
Social Life at College



The friends you make over the next few years can become your friends for life – but first, you have to meet them. This episode includes some of the best tips for making friends in college, finding the squad who will have your back through the ups and downs, and joining clubs and communities on campus.



It's easy to get overwhelmed juggling your classes, clubs, work, and hanging out with friends, but this video will share tips to make your first year on campus a blast. Make sure to take time for yourself throughout the year. Creating a balanced schedule from the get go will help you avoid burnout. Staying organized, taking care of your mental and physical health, and keeping your priorities in order are crucial.



We all know college can be some of the most fun years of your life, but never forget why you're there – to get a degree! Of course, the golden rule of succeeding academically is going to class prepared to learn, so this video will give you a few key tips to help you make the most of your education. When it comes to choosing classes, challenge yourself, and don't be afraid to get out of your comfort zone. Stay organized and on track, and always celebrate your accomplishments.

