Annual Notice to Enrollees in the Orange Ulster School Districts Health Plan.

This notice is effective for Plan year January 1, 2020 through December 31, 2020

Group health plans sponsored by State and local governmental employers must generally comply with Federal law requirements in title XXVII of the Public Health Service Act. However, these employers are permitted to elect to exempt a plan from the following requirement for any part of the plan that is "self-funded" by the employer, rather than provided through a health insurance policy. The Board of Directors has elected to exempt The Orange Ulster School Districts Health Plan from the following requirement:

**Protections against having benefits for mental health and substance use disorders be subject to more restrictions than apply to medical and surgical benefits covered by the plan.**